FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPROVAL								
	OMB Number:	3235-0287							
l	Estimated average burden								
l	hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Rusnak Walter										r or Trac p <u>, Inc</u>		Symbol PBHC ]	(Che	ck all applic	cable) or	g Pers	10% Ov	ner				
(Last) (First) (Middle) 214 WEST FIRST STREET						3. Date of Earliest Transaction (Month/Day/Year) 08/24/2016											X Officer (give title Other (specify below) below)  Vice President Finance					
(Street)	•					4. If Amendment, Date of Original Filed (Month/Day/Year)										Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person						
(City) (State) (Zip)																	. 5.55.1					
		Tab	le I - No	n-Deri\	ative	Se	curiti	es A	cqı	uired,	Dis	posed	of, or	Ber	eficiall	y Owned	ı					
Date				2. Transa Date (Month/D		ar) E	2A. Deemed Execution Date, if any (Month/Day/Year)			3. Transa Code (I 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4				Benefici Owned I	es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
											v	Amount	(A (D	) or )	Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)		
Common	Stock												5,	000		I	By IRA					
Common Stock 08/12/2										P		490	A \$		\$12.25	5,490			I	By IRA		
Common Stock 08/12/2							2016			P		510		A \$12.20		5 6,	6,000		I	By IRA		
Common Stock 08/24/2							2016			P		1,000	)	A	\$12.23	5 7,	000		I	By IRA		
		1	Table II -									osed of				Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Executior if any (Month/Da	Date,	4. Transaction Code (Instr. 8)					Date Exc piration onth/Da	Date		of Sec Under	urities ying tive S	ecurity	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	e Coss Fally Cos	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Dat Exe	te ercisabl		expiration Date	Title	1	Amount or Number of Shares							
Stock Options	\$10.81								04	/01/201	7 0	4/01/2026	Comm		3,237(1)		8,237		D			
Stock Options	\$11.35								05	/06/201	7 0	5/06/2026	Comm		2,636 <sup>(2)</sup>		10,873	3	D			

## **Explanation of Responses:**

- 1. (1) Stock options vest at a rate of 20% per year commencing on April 1, 2017
- 2. (2) Stock options vest at a rate of 20% commencing on May 6, 2017

/s/ James A. Dowd as POA for 08/12/2016 Walter Rusnak

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.