FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPRO	OVAL						
	OMB Number:	3235-0287						
	Estimated average burden							
l	hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	nd Address of William	Reporting Person*							cker or Tra		Symbol PBHC]			Relationship neck all app		ng Person(s)	to Issuer
Darcia	<u>vviiiiaiii</u>	Λ							1		_			X Direct	or	10	% Owner
(Last) 214 WES	(Fi ST FIRST S	-	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 05/08/2019								Office below	r (give title		ther (specify flow)
,					4. 1	f Amei	ndmen	t, Date	of Origina	ıl File	d (Month/D	ay/Year)	6. 1	ndividual or	Joint/Group	p Filing (Che	ck Applicabl
(Street) OSWEG	O N	Y	13126										Lin	X Form	filed by Mo	e Reporting re than One	
(City)	(Si	ate)	(Zip)											Perso	on		
		Tab	le I - No	n-Deri\	/ative	Sec	uriti	es Ac	quired	, Dis	sposed (of, or Be	neficia	lly Owne	d		
Date				Day/Year) if		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4				es ally Following	6. Ownershi Form: Direc (D) or Indire (I) (Instr. 4)	Indirect ct Benefic Owners	
									Code	v	Amount	(A) or (D)	Price	Reporte Transac (Instr. 3	tion(s)		(Instr. 4)
Common	Stock			05/08	/2019				P		14,030	6 A	\$14.2	5 54	,173	I	POA f Parent
Common	Stock													11	,751	D	
Common	Stock													4,	294	I	Custoo for Childr
		Т	able II -								osed of converti			/ Owned	,		
1. Title of Derivative Security 2. Conversion or Exercise Price of Derivative Security		se (Month/Day/Year) if any (Month/Day/Year)		4. Transactio Code (Insti		on of I		6. Date Exercisable and Expiration Date (Month/Day/Year)		9	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Owne Form: Direct or Ind (I) (Ins	(D) Owner	
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amount or Number of Shares				
Stock Options	\$11.35								05/06/202	17 (05/06/2026	Common Stock	8,787		8,787	Г	
Stock Options	\$5.4638								06/23/202	12 (06/23/2021	Common Stock	8,236		8,236	Г	

Explanation of Responses:

Remarks:

/s/ James A. Dowd as POA for William A. Barclay

05/10/2019

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).